

Food Access Profile: Sanpete County

UTAHNS AGAINST HUNGER

Food Insecurity, Food Access, Poverty

Population ¹	
30,421	County population (# of individuals), 2020
0.97%	County population as a percentage of state population, 2020

Food Insecurity, Limited Access to Healthy Food	
10%	% Households experiencing food insecurity in the State of Utah 2020 (Doesn't reflect pandemic) ²
13.5%	% Individuals food insecure in 2021, county (not directly comparable with state % above) ³
4,030	# Individuals food insecure in 2021, county ⁴
17.2%	% Children food insecure in 2021, county ⁵
1,320	# Children food insecure in 2021, county ⁶

Poverty ⁷	
4,060	# Individuals living below federal poverty level, 2020
14.8%	% Individuals living below federal poverty level, 2020
1,358	# Individuals under age 18 living below poverty level, 2020
18.4%	% Individuals under age 18 living below poverty level, 2020
422	# Individuals 60 years and over living below poverty level, 2020
7.3%	% Individuals 60 years and over living below poverty level, 2020
6.5%	% Individuals living at 50% or below poverty level, 2020
1,786	# Individuals living at 50% or below poverty level, 2020
20.4%	% Individuals living at 125% or below poverty level, 2020
5,598	# Individuals living at 125% or below poverty level, 2020
25.8%	% Individuals living at 150% or below poverty level, 2020
7,073	# Individuals living at 150% or below poverty level, 2020
34.2%	% Individuals living at 185% or below poverty level, 2020
9,368	# Individuals living at 185% or below poverty level, 2020
37.9%	% Individuals living at 200% or below poverty level, 2020
10,399	# Individuals living at 200% or below poverty level, 2020

School Aged Children in Poverty by District ⁸	
North Sanpete	20.4%
South Sanpete	18.5%

Poverty Rate by Race/Ethnicity ⁹						
White alone	Black or African American alone	American Indian and Alaska Native alone	Asian alone	Native Hawaiian and Other Pacific Islander alone	Some other race alone	Two or more races
13.4%	N/A	N/A	N/A	40%	35.2%	47.9%
Hispanic or Latino origin (of any race)			White alone, not Hispanic or Latino			
29.3%			13.4%			

Economic Status, Financial Insecurity	
\$55,820	Area median household income 2020 ¹⁰
\$65,437	Annual family budget needed for modest living, 2 adults, 1 child ¹¹
\$80,306	Annual family budget needed for modest living, 2 adults, 2 child ¹²
2.0%	Unemployment rate, State of Utah March 2022 ¹³
2.9%	Unemployment rate, county March 2021 ¹⁴
2.1%	Unemployment rate, county March 2022 ¹⁵
-0.8%	Change in unemployment rate, county March 2021 to March 2022 ¹⁶

Supplemental Nutrition Assistance Program (SNAP)

SNAP Participation	
662	# SNAP households, 2022 ¹⁷
1,685	# SNAP individuals, 2022 ¹⁸
5.5%	% County population participating in SNAP, 2022 ¹⁹
679	# Average monthly SNAP households, SFY 2021 ²⁰
-41	Change in number of SNAP households, SFY 2020 to SFY 2021 ²¹
12.1%	Program Access Index 2020: Average monthly number of SNAP participants in county compared with estimated number of people with incomes below 125% of poverty level in 2021 ²²
4,919	Estimated # low-income individuals NOT enrolled in SNAP, 2021 ²³
\$259	Monthly average SNAP benefits issued (\$) to Utah residents, SFY 2022 ²⁴

SNAP Participant Demographics, April 2022 ²⁵					
% Individuals under 18,	% Individuals w/disability,	% Individuals 60 and older,	% Households with individuals under 18,	% Households with individuals with a disability	% Households with individuals 60 and older
46.6%	14.48%	10%	40.94%	29.58%	20%
30.1%	% Households headed by single parent				

Race/Ethnicity of SNAP Households, 5 Year Estimate 2016-2020 for Sanpete County ²⁶						
% White alone	% Black or African American alone	% American Indian and Alaska Native alone	% Asian alone	% Native Hawaiian and Other Pacific Islander alone	% Some other race alone	% Two or more races
90.5%	N/A	N/A	N/A	N/A	8.8%	N/A
% Hispanic or Latino origin (of any race)			% White alone, not Hispanic or Latino			
10.1%			89.2%			

Work Status of Families Participating in SNAP, Sanpete County, 5 Year Estimate 2016-2020 ²⁷		
% No workers in past 12 months	% 1 worker in past 12 months	% 2 or more workers in past 12 months
19.2%	27.7%	53.2%

Child Nutrition Programs

Sanpete County

National School Lunch Program (NSLP) ²⁸

School district	# Participating schools/sites (public school districts)	% Students eligible for free & reduced price meals Oct 2021
North Sanpete	8	46.04%
South Sanpete	7	40.31%

School Breakfast Program (SBP) ²⁹

School district	# Participating Schools (public)
North Sanpete	8
South Sanpete	6

Summer Nutrition Programs ³⁰

9	Number of summer food sites in county, summer 2021
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Utah Women, Infants, and Children (WIC) Program

WIC Participation ³¹				
	Total women September 2021	Total infants September 2021	Total children September 2021	Total participants September 2021
Central Utah Health District	503	559	847	1,909
1,576	Total participants, local health district, September 2018			
+21%	Change in total participation, September 2018 to September 2021			

Senior Meals Programs

Senior Meals ³²	
Six County AAA	
1,910	Individuals -- Home Delivered Meals FY21
155,814	Total Meals -- Home Delivered Meals FY21
853	Individuals -- Congregate Meals FY21
19,508	Total Meals -- Congregate Meals FY21

All data provided at the county level unless otherwise specified

* = Use data with caution due to relatively high margins of error, low sample size.

N/A = No data available, or no reliable data available due to very high margins of error, low sample size.

Sources & Notes |

¹ U.S. Census Bureau, 2020 American Community Survey (ACS) 5-Year Estimates, Table B01003

² Alisha Coleman-Jensen, Matthew P. Rabbitt, Christian A. Gregory, and Anita Singh. 2021, *Household Food Security in the United States in 2020*, ERR-298, U.S. Department of Agriculture, Economic Research Service

³⁻⁶ Feeding America *Map the Meal Gap Data Report: "Projected Food Insecurity by County 2021"*. Accessed April 2022.

⁷ U.S. Census Bureau, 2016-2020 American Community Survey 5-Year Estimates, "Poverty Status in the Last 12 Months by County" Table S1701

⁸ U.S. Census Bureau, 2016-2020 American Community Survey (ACS) 5-Year Estimates, "Poverty Status in the Last 12 Months by Unified School district", Table S1701 (Percentages are out of total counted children 5-17 per district)

⁹ U.S. Census Bureau, 2016-2020 American Community Survey 5-Year Estimates, "Poverty Status in the Last 12 Months by County" Table S1701

¹⁰ U.S. Census Bureau, 2016-2020 American Community Survey (ACS) 5-Year Estimates, "Income in the Last 12 Months by County", Table S1901

¹¹⁻¹² Economic Policy Institute (EPI), Family Budget Calculator, March 2021. **Notes:** according to the EPI, the Family Budget Calculator "measures the income a family needs in order to attain a modest yet adequate standard of living. The budgets estimate community-specific costs for 10 family types (one or two adults with zero to four children) in all counties and metro areas in the United States. Compared with the federal poverty line and the Supplemental Poverty Measure, EPI's family budgets provide a more accurate and complete measure of economic security in America." Budgets are in 2017 dollars. <https://www.epi.org/resources/budget/>

¹³⁻¹⁶ Utah Department of Workforce Services, Accessed June 7, 2019.

<https://jobs.utah.gov/wi/data/library/employment/countyunemployment.html>

¹⁷⁻²¹ Utah Department of Workforce Services. Report: "FS Individuals and by Zip/County". Accessed April 2022

²²⁻²³ Program Access Index (PAI) calculated by Utahns Against Hunger (UAH) by dividing the 12-month average number of SNAP recipients by the population living at or below 125% of federal poverty level in a county for calendar year 2020. **Notes:** According to the USDA Food and Nutrition Service (FNS), "the PAI is designed to indicate the degree to which low-income people have access to SNAP benefits." <https://www.fns.usda.gov/snap/calculating-supplemental-nutrition-assistance-program-snap-program-access-index-step-step-guide>

²⁴ Utah Department of Workforce Services. Report: "FS Individuals and by Zip/County". Accessed April 2022

²⁵ Utah Department of Workforce Services. Report: "FS Demographics". Accessed April 2022

²⁶⁻²⁷ U.S. Census Bureau, 2016-2020 American Community Survey (ACS) 5-Year Estimates, Food Stamp/Supplemental Nutrition Assistance Program, Table S2201

²⁸⁻²⁹ Utah State Board of Education (USBE) Child Nutrition Department, 2021. "October Survey", Accessed April 2022

³⁰ Utah State Board of Education (USBE) Child Nutrition Department. Report: "USDA 543a 2020" Accessed August 2021 **Note:** Includes sites operating on waivers

³¹ Utah Department of Health, Division of Family Health and Preparedness, Utah WIC Program, 2022. **Notes:** All data for federal fiscal year (FFY) 2018 (October 1, 2017 to September 30, 2018).

³² Utah State Division of Aging and Adult Services "Utah Home Delivered Meals (Meals on Wheels) & Congregate Meals by AAA" Accessed April 2022